



FROM THE DESK..OF MS. GOMEZ

SPRING 2020



Hello

I hope this note finds you well.. I miss you! I hope you had a chance to view my previous email and read my suggestions. I am attaching it just in case it got lost with all of your other emails. You may be feeling a ton of emotions and/or have a questions right now and I want to make sure I am supporting you even if it's from a distance.

PLEASE Reach out if you need anything

Feeling a little unmotivated??

Watch this!

SUMMER PLANS

This is a great time for you to look into what you can do this summer. :)

Community College Classes-If you are interested in taking a community college class, you can see a list of classes [here](#). They have not released the nice schedule but you can view the list of classes online. You will need to complete [this](#) form for them. Once you are done, you will send it to the college and copy me.

Summer programs. Many universities offer programs for students. Some of them are a tad pricy and others are more reasonable.

Community Service: Remember that community service is extremely important for your resume and for college applications. This is a good time to look at organizations, summer camps, etc who may need help.



TO DO LIST

- Have a schedule set up. Make sure you are maintaining a routine. Get out of those pajamas! Make time for school work, friend time (virtually) and don't forget to exercise and/or meditate (look at apps). Your health both physical and mental is extremely important.
- Study for the SAT via Khan Academy, link [here](#).
- Make a list of things you want to accomplish while you are away from school. For example, clean your closet, get rid of clothing you don't wear anymore, reach out to a family member you haven't seen, read that book that you haven't had time to read, etc.
- You choose how you walk out of this situation and I am hoping to see you stronger, better and motivated.

Need Homework Help?



Harvey Mudd University has a Homework Hotline. They start their program on Monday from 3-9PM. [Here is link for more info.](#)

Please, please, please reach out via email if you have any questions/concerns.

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